

SANDROYD SCHOOL MENU – SPRING TERM 2021

Week 1: Menu for weeks starting on 4th January, 25th January, 15th February & 8th March

	BREAKFAST	LUNCH				TEA
		MAIN	VEGETARIAN	VEGETABLES	PUDDING	
SUNDAY	FRIED EGGS SMOKED BACON CEREALS FRUIT JUICE BAGUETTE YOGHURT	ROAST BEEF YORKSHIRE PUDDING GRAVY HORSERADISH SAUCE	VEGETARIAN DISH OF THE DAY	ROAST POTATOES SELECTION OF VEGETABLES	RASPBERRY MERINGUE OR FRESH FRUIT	SLICED COLD MEATS BAKED POTATOES BAKED BEANS GRATED CHEESE TOASTED SANDWICHES SALAD BAR
MONDAY	FISH FINGERS CEREALS TOAST FRUIT JUICE TOMATO SAUCE	BEEF CHOW MEIN	VEGETARIAN DISH OF THE DAY	NOODLES VEGETABLES	PROFITEROLES HOT CHOCOLATE SAUCE OR FRESH FRUIT	SWEET & SOUR CHICKEN VEGETABLES SALAD BAR
TUESDAY	BACON TOMATO CEREALS TOAST FRUIT JUICE	SOUTHERN FRIED CHICKEN	VEGETARIAN DISH OF THE DAY	CREAMED POTATO BAKED BEANS	YOGHURT OR FRESH FRUIT	LASAGNE GARLIC BREAD PEAS SALAD BAR
WEDNESDAY	SCRAMBLED EGGS CEREALS TOAST FRUIT JUICE TOMATO SAUCE PORRIDGE	FUSILLI PASTA BOLOGNAISE SAUCE PARMESAN CHEESE	VEGETARIAN DISH OF THE DAY	VEGETABLES	APPLE CRUMBLE CUSTARD OR FRESH FRUIT	MARINATED CHICKEN DRUMSTICK GREEN BEANS DICED POTATOES SALAD BAR
THURSDAY	FRIED EGGS POTATO WAFFLES CEREALS TOAST FRUIT JUICE TOMATO SAUCE	ROAST CHICKEN STUFFING GRAVY	VEGETARIAN DISH OF THE DAY	GRATIN POTATOES STIR FRY VEGETABLES	FRESH FRUIT SALAD OR FRESH FRUIT	LAMB CURRY RICE NAAN BREADS VEGETABLES SALAD BAR
FRIDAY	BACON HASH BROWNS CEREALS TOAST FRUIT JUICE TOMATO SAUCE PORRIDGE	FISH & CHIPS	VEGETARIAN DISH OF THE DAY	VEGETABLES	CHOCOLATE BROWNIES CREAM OR FRESH FRUIT	PASTA WITH TOMATO SAUCE GRATED CHEESE VEGETABLES SALAD BAR
SATURDAY	GREEK YOGHURT HONEY WAFFLES CEREALS TOAST	MEATBALLS IN TOMATO SAUCE	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	YOGHURT OR FRESH FRUIT	SALMON BROCCOLI PASTA VEGETABLES SALAD BAR

The fruit bar is available throughout the day, healthy snacks provided at “Trolley” during morning and afternoon break.

SANDROYD SCHOOL MENU – SPRING TERM 2021

Week 2: Menu for weeks starting on 11th January, 1st February, 22nd February & 15th March

	BREAKFAST	LUNCH				TEA
		MAIN	VEGETARIAN	VEGETABLES	PUDDING	
SUNDAY	CROISSANTS/BACON CEREALS FRUIT JUICE TOMATO SAUCE YOGURT	ROAST CHICKEN BREAD SAUCE GRAVY HOMEMADE STUFFING	VEGETARIAN DISH OF THE DAY	ROAST POTATOES VEGETABLES	INDIVIDUAL ICE CREAM TUBS OR FRESH FRUIT	LAMB BURGERS ONIONS BAPS & CHEESE SLICES CHIPS & TOMATO SAUCE TOASTED SANDWICHES SALAD BAR
MONDAY	FRIED EGGS CEREALS TOAST FRUIT JUICE TOMATO SAUCE	SLOW COOKED BEEF WITH GNOCCHI	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	TREACLE SPONGE CUSTARD OR FRESH FRUIT	COD GOUJONS CREAMED POTATOES PEAS SALAD BAR
TUESDAY	BACON/TOMATOES CEREALS TOAST FRUIT JUICE TOMATO SAUCE	CHICKEN CURRY NAAN BREAD	VEGETARIAN DISH OF THE DAY	RICE SALAD	JELLY & FRUIT OR FRESH FRUIT	SAUSAGES BAKED BEANS CREAMED POTATOES SALAD BAR
WEDNESDAY	FISH FINGERS CEREALS TOAST FRUIT JUICE TOMATO SAUCE PORRIDGE	LAMB CURRY WITH SWEET POTATOES	VEGETARIAN DISH OF THE DAY	RICE VEGETABLES	SURPRISE SPECIAL ICE CREAM OR FRESH FRUIT	MAPLE CHICKEN THIGHS POTATOES VEGETABLES SALAD BAR
THURSDAY	SCRAMBLED EGGS CEREALS BREAKFAST MUFFINS FRUIT JUICE TOMATO SAUCE	CHICKEN & BUTTERNUT CASSEROLE	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	MERINGUES FRUIT ICE CREAM OR FRESH FRUIT	PULLED PORK GRAVY APPLE SAUCE CREAMED POTATOES VEGETABLES SALAD BAR
FRIDAY	BACON/TOMATOES CEREALS TOAST FRUIT JUICE TOMATO SAUCE	COTTAGE PIE	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	FRUIT CRUMBLE CUSTARD OR FRESH FRUIT	FISH & CHIPS PEAS LEMON TARTARE SAUCE SALAD BAR
SATURDAY	FRIED EGGS TOAST CEREAL FRUIT JUICE PORRIDGE	BEEF JALFREZI POPPADOMS	VEGETARIAN DISH OF THE DAY	COUSCOUS VEGETABLES	FRESH FRUIT SALAD OR FRESH FRUIT	SALMON FISH PIE VEGETABLES SALAD BAR

The fruit bar is available throughout the day, healthy snacks provided at “Trolley” during morning and afternoon break.

SANDROYD SCHOOL MENU – SPRING TERM 2021

Week 3: Menu for weeks starting on 18th January, 8th February, 1st March & 22nd March

	BREAKFAST		LUNCH			TEA
		MAIN	VEGETARIAN	VEGETABLES	PUDDING	
SUNDAY	CROISSANT CEREALS TOAST FRUIT JUICE SMOKED BACON	ROAST PORK APPLE SAUCE GRAVY STUFFING	VEGETARIAN DISH OF THE DAY	ROAST POTATOES VEGETABLES	BAKED ALASKA OR FRESH FRUIT	QUICHE CHIPS VEGETABLES SALAD BAR TOASTED CRUMPETS
MONDAY	FRIED EGGS/HASH BROWNS TOAST CEREALS FRUIT JUICE TOMATO SAUCE	COQ AU VIN	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	WAFFLES CHOCOLATE SAUCE ICE CREAM OR FRESH FRUIT	PASTA CARBONARA VEGETABLES SALAD BAR
TUESDAY	BACON/TOMATO CEREALS TOAST FRUIT JUICE TOMATO SAUCE	COTTAGE PIE	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	MILK JELLY BLUEBERRIES RASPBERRIES OR FRESH FRUIT	SAUSAGES BAKED BEANS SAUTE POTATOES SALAD BAR
WEDNESDAY	SCRAMBLED EGGS TOAST FRUIT JUICE PORRIDGE CEREAL	CHICKEN CURRY POPPADOMS	VEGETARIAN DISH OF THE DAY	RICE VEGETABLES	STICKY TOFFEE PUDDING BUTTER SCOTCH SAUCE OR FRESH FRUIT	CHICKEN PORTIONS POTATOES VEGETABLES SALAD
THURSDAY	FRIED EGGS COCKTAIL SAUSAGES CEREALS TOAST FRUIT JUICE	STEAK & ONION PIE	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	BANANA SPLIT FRESH FRUIT	PASTA WITH HIDDEN VEGETABLES GRATED CHEESE SALAD BAR
FRIDAY	SAUSAGES HASH BROWNS CEREALS TOAST FRUIT JUICE TOMATO SAUCE	ROAST PORK APPLE SAUCE STUFFING	VEGETARIAN DISH OF THE DAY	ROAST POTATOES VEGETABLES	CHOCOLATE MOUSSE OR FRESH FRUIT	FISH & CHIPS PEAS LEMON TARTARE SAUCE SALAD BAR
SATURDAY	FISH FINGERS CEREALS TOAST FRUIT JUICE PORRIDGE	CHILLI CON CARNE TORTILLA CHIPS	VEGETARIAN DISH OF THE DAY	RICE VEGETABLES	STEWED APPLE & CUSTARD OR FRESH FRUIT	CANNELLONI SLICED COLD MEATS VEGETABLES SALAD BAR

The fruit bar is available throughout the day, healthy snacks provided at “Trolley” during morning and afternoon break.