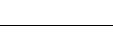




## Our Spring School Menu: Week One

## BREAKFAST

## LUNCH

 Main Course	Chicken Korma, with Steamed Rice, Mango Chutney & Naan Bread	Spaghetti and Meatballs in a rich Tomato & Herb Sauce	Sweet & Sour Chinese Chicken, With Egg Noodles & Prawn Crackers	Roast Pork Loin Apple Sauce, Sage Stuffing & Thyme Jus	Fish & Chips Friday! Battered Cod with Tartare Sauce	Beef Lasagne Crusty Bread Slices	Honey Roast Gammon with a Honey & Mustard Sauce
	Steamed Florets of Cauliflower & French Beans	Steamed Broccoli Florets	Sugar Snap Peas & Fine Beans	Roasted Baby Potatoes, Steamed Cabbage & Cauliflower Florets	Steamed Petit Pois	Chopped Fresh Salad	Roast Potatoes, Roasted Parsnips & Carrots & Steamed Cabbage
 Pudding	Creamed Profiteroles with Caramel Sauce	Greek Natural Yoghurt, with Granola & Fruit Compote	Raspberry & Peach Crumble with Custard	Ice Cream Thursday! Children's Flavour Suggestions.	Eton Mess with Fresh Cream & Forest Berries	American Pancakes Vanilla Ice Cream & Chocolate Sauce	Lemon Meringue Tart with Fresh Cream

## SUPPER



# Our Spring School Menu: Week Two

## BREAKFAST

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Main</b> 	Grilled Back Bacon with Fried Eggs Multi Grain Hoops	Boiled Eggs, Rice Krispies	Grilled Back Bacon with Grilled Tomato, Blueberry Wheats	Danish Pastries, Cornflakes	Grilled Sausages & Baked Beans, Malted Wheats	Scrambled Egg & Baked Hash Browns, Granola & Yoghurt	Full English Breakfast Danish Pastries, Frosties,

Accompaniment

***Served daily with fruit cart, cereals, porridge, toast and preserves***

## LUNCH

<b>Main Course</b> 	Chicken Tikka Masala served with Naan Bread & Mango Chutney	Spaghetti Bolognaise with Parmesan Cheese	Chinese Chicken served with Egg Fried Rice & Prawn Crackers	Chipolata Sausages with Yorkshire Puddings & Thyme Jus	Barbecue Maple Coated Chicken Thighs	Steamed Fillet of Salmon with Sweet Chilli Noodles	Roast Leg of Lamb Accompanied by Mint Sauce
<b>Vegetables</b> 	Steamed Rice & Spiced Roasted Vegetables	Baby Gem Salad & Fresh Crudités	Sugar Snap Peas & Fine Beans	Buttered Mash Potatoes Savoy Cabbage & Peas	Steamed Petit Pois Baby Potatoes	Steamed Florets of Broccoli & French Beans	Dauphinoise Potato, Red Cabbage, Roasted Parsnips & Carrots
<b>Pudding</b> 	Chocolate Fudge Cake & Dairy Cream	Apple Strudel with Dairy Custard	Fruit Jelly & Ice Cream	Ice Cream Thursday! Children's Flavour Suggestions.	Jam Sponge Pudding with Vanilla Custard	Sweet Waffles with Dairy Ice Cream & Caramel Sauce	Strawberry Gateau served with Fresh Dairy Cream

## SUPPER

<b>Main Course</b> 	Tomato & Basil Pasta Bake, Topped with Duo of Cheese	Salt & Pepper Chicken Thighs Parmentier Potatoes, served with Pepper & Sweetcorn	Assorted Pizza served with Vegetable Crudités	Gammon Ham & Roasted Pineapple served with Sauté Potatoes, Peas & Grilled Tomato	Chicken & Sweetcorn Fusilli Pasta served with Garlic & Herb Sauce & Broccoli Florets	Sausage & Leek Plait with Sautéed Cabbage & Creamed Potatoes	Beef Burger in Buns, Onion Marmalade, & Cheese Slices with Chips & Vegetable Slaw
<b>Pudding</b> 	Baked School Sponge Cake	Chocolate Krispie Slice	Seeded Flapjack	Lemon Drizzle Cake	Chocolate Brownie	Freshly Baked Cookies	Chocolate Biscuit

Accompaniment

***Lunch & Supper Served daily with a selection of freshly prepared salads and proteins***

# Our Spring School Menu: Week Three

## BREAKFAST

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Main</b> 	Grilled Back Bacon with Fried Eggs Multi Grain Hoops	Boiled Eggs, Rice Krispies	Grilled Back Bacon with Grilled Tomato, Blueberry Wheats	Danish Pastries, Cornflakes	Grilled Sausages & Baked Beans, Malted Wheats	Scrambled Egg & Baked Hash Browns, Granola & Yoghurt	Full English Breakfast Danish Pastries, Frosties,

Accompaniment

*Served daily with fruit cart, cereals, porridge, toast and preserves*

## LUNCH

 <b>Main Course</b>	Chilli Con Carne, with Tortilla Chips, Salsa, Guacamole, & Sour cream	Chicken, Gammon & Leek Pie, with a Puff Pastry Lid	Grilled Pork Sausages	Sweet Chilli Chicken Stir Fry served with Egg Fried Rice & Prawn Crackers	Fish & Chips Friday! Fish Fingers with Tartare Sauce & Lemon	Cottage Pie in a Rich Beef Gravy	Roast Beef & Yorkshire Puddings, with Horseradish Sauce & Beef Jus
 <b>Vegetables</b>	Wholegrain Rice & Steamed Broccoli Florets	Baby Roast Potatoes, Hispi Cabbage & Baton Carrots	Mashed Potatoes & Baked Beans	Sugar Snap Peas & Fine Beans	Steamed Petit Pois	Steamed Savoy Cabbage & Roasted Carrots	Roast Potatoes, Red Cabbage, Broccoli Florets & Roasted Parsnips
 <b>Pudding</b>	Apple & Sultana Crumble with Fresh Cream	Baked Rice Pudding with Strawberry Preserve	Greek Natural Yoghurt, with Granola & Fruit Compote	Ice Cream Thursday! Children's Flavour Suggestions.	Steamed Chocolate Sponge with Chocolate Custard	Fruit Jelly & Cream	Raspberry Meringue Roulade with Fresh Cream

## SUPPER

 <b>Main Course</b>	Chicken & Broccoli Pasta Bake served with Steamed Peas	Fishcakes & Chips with Whole Green Beans & Tartare Sauce	Ham & Cheese Panier with Baby Potatoes & Roasted Butternut Squash	Spaghetti Bolognese with Grated Cheese & Vegetable Crudités	Sausage Roll served with Cheesy Leeks & Sauté Potatoes	Pork Loin Steaks & Apple Sauce, with Baby Roasted Potatoes & Cauliflower Cheese	Roasted Pepper & Tomato Soup served with Filled Baguettes
 <b>Pudding</b>	Baked School Sponge Cake	Chocolate Krispie Slice	Seeded Flapjack	Lemon Drizzle Cake	Chocolate Brownie	Freshly Baked Cookies	Chocolate Biscuit

Accompaniment

*Lunch & Supper Served daily with a selection of freshly prepared salads and proteins*

