## SANDROYD SCHOOL MENU – SUMMER TERM 2021

Week 1: April 18th, May 9th, 30th, June 20th

		MAIN	VEGETARIAN	VEGETABLES	PUDDING	
SUNDAY	CROISSANTS BACON CEREALS FRUIT JUICE PETIT PAIN	ROAST PORK APPLE SAUCE GRAVY HOMEMADE STUFFING	ROASTED ROOT VEGETABLE WELLINGTON	ROAST POTATOES CAULIFLOWER, CARROTS SWEDE, BROCCOLI	PEACH & RASPBERRY CRUMBLE VANILLA ICE CREAM OR FRESH FRUIT	SAUSAGE ROLLS CHIPS BAKED BEANS SALAD BAR/PROTEINS
MONDAY	CHIPOLATA SAUSAGES BEANS CEREALS TOAST FRUIT JUICE	MINCED BEEF & ONION PIE	COUNTRY VEGETABLE PIE	NEW POTATOES CARROTS & CABBAGE	JAM SPONGE PUDDING CUSTARD OR FRESH FRUIT	FISH FINGERS PEAS SWEETCORN MASHED POTATOES SALAD BAR/PROTEIN
TUESDAY	BOILED EGGS CEREALS TOAST FRUIT JUICE	CHICKEN CURRY NAAN BREAD	VEGETABLE CURRY NAAN BREAD	RICE CAULIFLOWER SUGAR SNAPS	PURBECK ICE CREAMS OR FRESH FRUIT	CHEESE BURGER CHIPS COLESLAW SALAD BAR/PROTEINS
WEDNESDAY	BACON CEREALS TOAST FRUIT JUICE SCRAMBLED EGGS	SAUSAGE & BEAN CASSEROLE	VEGETARIAN SAUSAGE & BEAN CASSEROLE	SAUTÉ POTATOES PEAS, CARROTS, FRENCH BEANS	FRUIT MERINGUES CREAM OR FRESH FRUIT	MAPLE CHICKEN THIGHS NEW POTATOES PEAS SALAD BAR/PROTEINS
THURSDAY BBQ IF NICE	FRIED EGGS HASH BROWNS CEREALS FRUIT JUICE TOAST	VEGETARIAN LASAGNE	VEGETARIAN LASAGNE	BROCCOLI SAUTÉED COURGETTES GARLIC BREAD	FRESH FRUIT SALAD	PASTA BOLOGNESE GARLIC BREAD SALAD BAR/PROTEINS
FRIDAY	SAUSAGES TOMATOES CEREALS TOAST FRUIT JUICE	FISH & CHIPS	CHEESE & ONION PASTY	CHIPS PEAS TARTARE SAUCE	FRUIT YOGHURTS OR FRESH FRUIT	CHICKEN KIEV CHOPPED SALAD CROQUETTE POTATOES SALAD BAR/PROTEINS
SATURDAY	FRIED EGGS BACON TOAST CEREAL FRUIT JUICE	SWEET & SOUR PORK	SWEET & SOUR VEGETABLES	RICE FRENCH BEANS, SUGAR SNAPS PEAS	TRIFLE OR FRESH FRUIT	CORNISH PASTY CHIPS CHOPPED SALAD SALAD BAR/PROTEINS

## SANDROYD SCHOOL MENU – SUMMER TERM 2021

Week 2: April 25<sup>th</sup>, May 16th, June 6<sup>th</sup>, 27<sup>th</sup>.

	Breakfast Lunch			ТЕА		
		MAIN	VEGETARIAN	VEGETABLES	PUDDING	
SUNDAY	FULL ENGLISH PETIT PAIN CEREALS FRUIT JUICE	PORK LOIN STEAKS GRAVY APPLE SAUCE	CAULIFLOWER CHEESE & TOMATO BAKE	DAUPHINOISE POTATOES BROCCOLI, CARROTS & RED CABBAGE	CHOCOLATE FUDGE CAKE OR FRESH FRUIT	LAMB BURGER BAP CHEESE SLICES CHIPS SALAD BAR/PROTEINS
MONDAY	BACON HASH BROWNS TOAST CEREALS FRUIT JUICE	COTTAGE PIE	QUORN COTTAGE PIE	PEAS, CARROTS & CABBAGE	TREACLE SPONGE CUSTARD OR FRESH FRUIT	PESTO PASTA PEAS & SPINACH SALAD BAR/PROTEINS
TUESDAY	SCRAMBLED EGGS CEREALS TOAST FRUIT JUICE	LAMB JALFREZI NAAN BREADS	VEGETABLE CURRY NAAN BREADS	RICE SWEET POTATO WEDGES BUTTERNUT SQUASH	YOGHURT OR FRESH FRUIT	FISH FINGERS SAUTÉ POTATOES BAKED BEANS SALAD BAR/PROTEINS
WEDNESDAY	BOILED EGGS TOAST FRUIT JUICE YOGHURTS CEREALS	SAUSAGES IN GRAVY YORKSHIRE PUDDING	VEGETARIAN SAUSAGES IN GRAVY YORKSHIRE PUDDING	BOILED POTATOES CARROTS, BROCCOLI CABBAGE	RASPBERRY MERINGUE ROULADE OR FRESH FRUIT	PASTA RATATOUILLE GARLIC BREAD GRATED CHEESE SALAD BAR/PROTEINS
THURSDAY BBQ IF NICE	FRIED EGGS CEREALS TOAST FRUIT JUICE	CHILLI CON CARNE	VEGETARIAN CHILLI	RICE TORTILLA CHIPS	PURBECK ICE CREAMS OR FRESH FRUIT	CORNISH PASTIES MASHED POTATOES GRAVY PEAS SALAD BAR/PROTEINS
FRIDAY	SAUSAGES HASH BROWNS CEREALS TOAST FRUIT JUICE	FISH & CHIPS	VEGETABLE CUTLET TOMATO SAUCE	CHIPS PEAS	PROFITEROLES CHOCOLATE SAUCE OR FRESH FRUIT	BAKED POTATOES CHOPPED SALAD CHEESE & BEANS COLESLAW SALAD BAR/PROTEINS
SATURDAY	BACON TOMATOES CEREALS TOAST FRUIT JUICE	STEAMED COD FILLET WHITE WINE AND CHIVE SAUCE	SPINACH, MUSHROOM & BRIE PARCEL	BUTTERED POTATOES SUGAR SNAPS, MANGE TOUT, FRENCH BEANS	RICE PUDDING WITH JAM OR FRESH FRUIT	MACARONI CHEESE GARLIC BREAD SALAD BAR/PROTEINS

The fruit bar is available throughout the day, healthy snacks provided at "Trolley" during morning and afternoon break.

## SANDROYD SCHOOL MENU – SUMMER TERM 2021

Week 3: May 2<sup>nd</sup>, 23<sup>rd</sup>, June 13<sup>th</sup>.

	Breakfast		Теа			
		MAIN	VEGETARIAN	VEGETABLES	PUDDING	
SUNDAY	CHIPOLATA SAUSAGES SCRAMBLE EGGS PETIT PAIN CEREALS FRUIT JUICE	ROAST BEEF YORKSHIRE PUDDING GRAVY HORSERADISH SAUCE	CAULIFLOWER & BROCCOLI CRUMBLE	ROAST POTATOES, GREENS, CARROTS & ROAST PARSNIPS	FRUIT YOGHURTS OR FRESH FRUIT	SAUSAGES, CHIPS BAKED BEANS SALAD BAR/PROTEINS
MONDAY	BACON HASH BROWNS TOAST CEREALS FRUIT JUICE	MINTED SHEPHERD'S PIE	QUORN MINTED SHEPHERD'S PIE	PEAS, CARROTS & CABBAGE	CHOCOLATE SPONGE CHOCOLATE CUSTARD OR FRESH FRUIT	TOMATO & BASIL PASTA PETIT PAIN ROLL SALAD BAR/PROTEINS
TUESDAY	FRIED EGGS POTATO WAFFLES CEREALS TOAST FRUIT JUICE	CHICKEN CURRY NAAN BREADS	VEGETABLE CURRY NAAN BREAD	RICE BUTTERNUT & SWEET POTATO	APPLE CRUMBLE CUSTARD OR FRESH FRUIT	BAKED POTATOES CHEESE & BEANS COLESLAW SALAD BAR/PROTEINS
WEDNESDAY	BOILED EGGS TOAST FRUIT JUICE YOGHURTS CEREALS	CHICKEN & LEEK PIE	QUORN CHICKEN & LEEK PIE	BOULANGERE POTATOES CAULIFLOWER BROCCOLI CARROTS	CHOCOLATE MUFFIN OR FRESH FRUIT	PASTA CARBONARA GARLIC BREAD SALAD BAR/PROTEINS
THURSDAY BBQ IF NICE	SCRAMBLED EGGS CEREALS TOAST FRUIT JUICE	BEEF LASAGNE GARLIC BREAD	SPINACH & MUSHROOM LASAGNE	SUGAR SNAPS, MONGE TOUT, FRENCH BEANS	FRUIT JELLIES OR FRESH FRUIT	FISH FINGER MASHED POTATOES BAKED BEANS SALAD BAR/PROTEINS
FRIDAY	CHIPOLATA SAUSAGES HASH BROWNS CEREALS TOAST FRUIT JUICE	FISH & CHIPS TARTARE SAUCE	ROASTED STUFFED PEPPERS WITH RICE & VEGETABLES	PEAS CHIPS	LEMON MERINGUE ROULADE OR FRESH FRUIT	GAMMON HAM EGG & CHIPS PEAS SALAD BAR/PROTEINS
SATURDAY	BACON TOMATOES CEREALS TOAST FRUIT JUICE	MACARONI CHEESE CRUSTY PETIT PAIN	MACARONI CHEESE CRUSTY PETIT PAIN	ROASTED VEGETABLE MEDLEY	PURBECK ICE CREAM OR FRESH FRUIT	CHICKEN BURGERS CHIPS COLESLAW SALAD BAR/PROTEINS

The fruit bar is available throughout the day, healthy snacks provided at "Trolley" during morning and afternoon break.