

# SANDROYD SCHOOL MENU - SPRING TERM 2019

WEEK NUMBER 1

DAY	BREAKFAST	SNACK					SNACK	TEA WITH ADDITIONAL SALAD BAR	STAFF SUPPER
			MAIN SERVED WITH CRUDIITIES	VEGETARIAN	VEG	DESSERT			
SUNDAY	FRIED EGGS SMOKED BACON CEREALS FRUIT JUICE BAGUETTE YOGURT	FRUIT	ROAST BEEF YORKSHIRE PUDDING GRAVY HORSERADISH SAUCE	VEGETARIAN DISH OF THE DAY	ROAST POTATOES SELECTION OF VEGETABLES	RASPBERRY BAVAROIS OR FRESH FRUIT	FRUIT	SLICED COLD MEATS BAKED POTATOES BAKED BEANS GRATED CHEESE SALAD BAR TOASTED SANDWICHES	SLICED COLD MEATS BAKED POTATOES BAKED BEANS GRATED CHEESE SALAD BAR TOASTED SANDWICHES
MONDAY	FISH FINGERS CEREALS TOAST FRUIT JUICE TOMATO SAUCE	FRUIT	BEEF CHOW MEIN	VEGETARIAN DISH OF THE DAY	NOODLES & VEGETABLES	PROFITEROLES HOT CHOCOLATE SAUCE OR FRESH FRUIT	FRUIT	SWEET & SOUR CHICKEN SALAD BAR VEGETABLES	SWEET & SOUR CHICKEN SALAD BAR VEGETABLES
TUESDAY	BACON TOMATO CEREAL TOAST FRUIT JUICE	FRUIT	SOUTHERN FRIED CHICKEN	VEGETARIAN DISH OF THE DAY	CREAMED POTATO BAKED BEANS	YOGHURT OR FRESH FRUIT	FRUIT FLAPJACK	LASAGNE GARLIC BREAD PEAS SALAD BAR	LASAGNE GARLIC BREAD PEAS SALAD BAR
WEDNESDAY	SCRAMBLED EGGS CEREALS TOAST FRUIT JUICE TOMATO SAUCE PORRIDGE	FRUIT	FUSILLI PASTA BOLOGNESE SAUCE PARMESAN CHEESE	VEGETARIAN DISH OF THE DAY	VEGETABLES	APPLE CRUMBLE CUSTARD OR FRESH FRUIT	FRUIT	MARINATED CHICKEN DRUMSTICK GREEN BEANS DICED POTATOES SALAD BARS	MARINATED CHICKEN DRUMSTICKS GREEN BEANS DICED POTATOES SALAD BARS
THURSDAY	FRIED EGGS POTATO WAFFLES CEREAL TOAST FRUIT JUICE TOMATO SAUCE	FRUIT	MAPLE MARINATED CHICKEN THIGHS	VEGETARIAN DISH OF THE DAY	GRATIN POTATOES STIR FRY VEGETABLES	FRESH FRUIT SALAD OR FRESH FRUIT	FRUIT MALT LOAF	VEGETABLE CURRY RICE VEGETABLES SALAD BAR	BEEF CURRY RICE VEGETABLES SALAD BAR
FRIDAY	BACON HASH BROWNS CEREALS TOAST FRUIT JUICE TOMATO SAUCE PORRIDGE	FRUIT	COD FILLETS WITH LEMON & HERB CRUST	VEGETARIAN DISH OF THE DAY	CREAMED POTATOES VEGETABLES	CHOCOLATE BROWNIES VANILLA ICE CREAM OR FRESH FRUIT	FRUIT CHEESE & BISCUITS	PASTA WITH TOMATO SAUCE GRATED CHEESE SALAD BAR VEGETABLES	PASTA WITH TOMATO SAUCE GRATED CHEESE SALAD BAR VEGETABLES
SATURDAY	GREEK YOGHURT HONEY WAFFLES CEREALS TOAST	FRUIT	WOODLANDS MUMBAI MEATBALLS	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	SUMMER FRUIT YOGHURT CRUNCH POTS OR FRESH FRUIT	FRUIT	SALMON BROCCOLI PASTA VEGETABLES SALAD BAR	SALMON BROCCOLI PASTA VEGETABLES SALAD BAR

**WEEK NUMBER 2**

DAY	BREAKFAST	SNACK							STAFF SUPPER
			MAIN SERVED WITH CRUDITIES	VEGETARIAN	VEG	DESERT	SNACK	TEA WITH ADDITIONAL SALAD	
SUNDAY	CROISSANTS/BACON CEREALS FRUIT JUICE TOMATO SAUCE YOGURT	FRUIT	ROAST CHICKEN BREAD SAUCE GRAVY HOMEMADE STUFFING	VEGETARIAN DISH OF THE DAY	ROAST POTATOES VEGETABLES	SQUIDGY CHOCOLATE ROULADE OR FRESH FRUIT	FRUIT	LAMB BURGERS ONIONS BAPS & CHEESE SLICES SALAD BAR CHIPS & TOMATO SAUCE TOASTED SANDWICHES	LAMB BURGERS ONIONS BAPS & CHEESE SLICES SALAD BAR CHIPS & TOMATO SAUCE TOASTED SANDWICHES
MONDAY	FRIED EGGS CEREALS TOAST FRUIT JUICE TOMATO SAUCE	FRUIT	SLOW COOKED BEEF WITH GNOCCHI	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	APPLE & BANANA CAKE CUSTARD OR FRESH FRUIT	FRUIT	COD GOUJONS CREAMED POTATOES PEAS SALAD BAR	COD GOUJONS BAKED BEANS CREAMED POTATOES SALAD BAR
TUESDAY	BACON/TOMATOES CEREALS TOAST FRUIT JUICE TOMATO SAUCE	FRUIT	CHICKEN CURRY NAAN BREAD	VEGETARIAN DISH OF THE DAY	RICE SALAD	JELLY & FRUIT OR FRESH FRUIT	FRUIT FLAPJACKS	SAUSAGES BAKED BEANS CREAMED POTATOES SALAD BAR	SAUSAGES BAKED BEANS CREAMED POTATOES SALAD BAR
WEDNESDAY	FISH FINGERS CEREALS TOAST FRUIT JUICE TOMATO SAUCE PORRIDGE	FRUIT	LAMB CURRY WITH SWEET POTATOES	VEGETARIAN DISH OF THE DAY	RICE VEGETABLES	SURPRISE SPECIAL ICE CREAM OR FRESH FRUIT	FRUIT	CAJUN CHICKEN THIGHS POTATOES VEGETABLES SALAD	CAJUN CHICKEN THIGHS POTATOES VEGETABLES SALAD
THURSDAY	SCRAMBLED EGGS CEREALS BREAKFAST MUFFINS FRUIT JUICE TOMATO SAUCE	FRUIT	CHICKEN & BUTTERNUT CASSEROLE	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	MERINGUES FRUIT ICE CREAM OR FRESH FRUIT	FRUIT MALT LOAF	PULLED PORK GRAVY APPLE SAUCE CREAMED POTATOES VEGETABLES SALAD BAR	CHILLI BEEF NOODLES VEGETABLES CHILLI SAUCE SALAD BAR
FRIDAY	BACON/TOMATOES CEREALS TOAST FRUIT JUICE TOMATO SAUCE	FRUIT	SAVILE PARKS SPICY SHEPHERDS PIE	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	OATY FRUIT CRUMBLE CUSTARD OR FRESH FRUIT	FRUIT CHEESE & BISCUITS	FISH & CHIPS PEAS LEMON TARTARE SAUCE SALAD BAR	FISH & CHIPS PEAS LEMON TARTARE SAUCE SALAD BAR
SATURDAY	FRIED EGGS TOAST CEREAL FRUIT JUICE PORRIDGE	FRUIT	SPEEDY CHICKEN BIRYANI	VEGETARIAN DISH OF THE DAY	RICE VEGETABLES	FRESH FRUIT SALAD OR FRESH FRUIT	FRUIT	SALMON FISH PIE VEGETABLES SALAD BAR	SALMON FISH PIE VEGETABLES SALAD BAR

**WEEK NUMBER 3**

DAY	BREAKFAST	SNACK					SNACK	TEA WITH ADDITIONAL SALAD BAR	STAFF SUPPER
			MAIN SERVED WITH CRUDITIES	VEGETARIAN	VEG	DESERT			
SUNDAY	CROISSANT CEREALS TOAST FRUIT JUICE SMOKED BACON	FRUIT	ROAST PORK APPLE SAUCE GRAVY STUFFING	VEGETARIAN DISH OF THE DAY	ROAST POTATOES VEGETABLES	BAKED ALASKA OR FRESH FRUIT	FRUIT	HOMEMADE QUICHE CHIPS VEGETABLES SALAD BAR TOASTED CRUMPETS	HOMEMADE QUICHE CHIPS VEGETABLES SALAD BAR TOASTED CRUMPETS
MONDAY	FRIED EGGS/HASH BROWNS TOAST CEREALS FRUIT JUICE TOMATO SAUCE	FRUIT	COQ AU VIN	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	LEMON & ORANGE FONDANT SLICE OR FRESH FRUIT	FRUIT	PASTA CARBONARA VEGETABLES SALAD BAR	PASTA CARBONARA VEGETABLES SALAD BAR
TUESDAY	BACON/TOMATO CEREALS TOAST FRUIT JUICE TOMATO SAUCE	FRUIT	COTTAGE PIE	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	MILK JELLY BLUEBERRIES RASPBERRIES OR FRESH FRUIT	FRUIT FLAPJACK	CUBAN PICADILLO RICE PEAS WRAPS SALAD BAR	CUBAN PICADILLO RICE PEAS WRAPS SALAD BAR
WEDNESDAY	SCRAMBLED EGGS TOAST FRUIT JUICE PORRIDGE CEREAL	FRUIT	CHICKEN CURRY POPPADOMS	VEGETARIAN DISH OF THE DAY	RICE VEGETABLES	STICKY TOFFEE PUDDING BUTTER SCOTCH SAUCE OR FRESH FRUIT	FRUIT	CHICKEN PORTIONS POTATOES VEGETABLES SALAD	CHICKEN PORTIONS POTATOES VEGETABLES SALAD
THURSDAY	FRIED EGGS COCKTAIL SAUSAGES CEREALS TOAST FRUIT JUICE	FRUIT	STEAK & ONION PIE	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	BANANA SPLIT FRESH FRUIT	FRUIT MALT LOAF	PASTA WITH HIDDEN VEGETABLES GRATED CHEESE SALAD	PASTA WITH HIDDEN VEGETABLES SALAD BAR
FRIDAY	SAUSAGES HASH BROWNS CEREALS TOAST FRUIT JUICE TOMATO SAUCE	FRUIT	ROAST PORK APPLE SAUCE STUFFING	VEGETARIAN DISH OF THE DAY	ROAST POTATOES VEGETABLES	CHOCOLATE MOUSSE OR FRESH FRUIT	FRUIT CHEESE & BISCUITS	FISH & CHIPS PEAS LEMON TARTARE SAUCE SALAD BAR	FISH & CHIPS PEAS LEMON TARTARE SAUCE SALAD BAR
SATURDAY	FISH FINGERS CEREALS TOAST FRUIT JUICE PORRIDGE	FRUIT	CHILL I CON CARNE TORTILLA CHIPS	VEGETARIAN DISH OF THE DAY	RICE VEGETABLES	STEWED APPLE & CUSTARD OR FRESH FRUIT	FRUIT	CANNELLONI SLICED COLD MEATS VEGETABLES SALAD BAR	CANNELLONI SLICED COLD MEATS VEGETABLES SALAD BAR



