**Week 1:**

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| --- | --- | --- | --- |
| Day | Breakfast | Lunch | Tea |
| **Main** | **Vegetarian** | **Vegetables** | **Pudding** |
| Sunday | CroissantsFrosties (Treat)Smoothies Petit PainCooked Breakfast  | Roast BeefYorkshire PuddingGravyHorseradish Sauce | Cauliflower & Broccoli Cheese Filled Yorkshire Pudding | Roast PotatoesRoast Parsnips Red Cabbage Broccoli | Lemon Meringue Pie Fresh Double Creamor fresh fruit | Cheddar Cheese Paninis Tomato Soup Salad Bar & Proteins |
| Monday | Fried EggsPotato Waffle Rice Krispies ToastCranberry Juice  | Beef & Vegetable Pie  | Country Vegetable Pie  | Carrots Cabbage Boiled Potatoes  | Belgian WafflesVanilla Ice CreamCaramel Sauceor Fresh Fruit | Pizza Assortment Peas & Corn Salad Bar & Proteins |
| Tuesday | Boiled EggsMultigrain HoopsFresh Fruit Chunks Sourdough ToastPorridge Available | Spaghetti Bolognese Grated Parmesan  | Vegetarian Bolognese | Garlic BreadFresh Salad | Natural Greek YogurtForest Fruit CompotePumpkin & SunflowerSeedsor Fresh Fruit | BBQ Pulled Pork Sourdough RollApple Sauce Crudities & Salad Bar  |
| Wednesday 03.09.25 | Crumpets Bacon Tomato Cornflakes Apple Juice  | Sausages, Mash & Beans  | Mixed BeanCasserole  | Creamed Potatoes Baked Beans  | Apple & Sultana Crumble With CinnamonAnd Custard or Fresh Fruit | Chicken & Chorizo Pasta tomato sauce Garlic Bread Salad Bar & Proteins |
| Thursday | Porridge AvailableMixed Toppings Fruit WheatsToastPain Au Chocolate  | Roast Chicken Herb Stuffing Chicken Gravy  | Roasted Root VegetableWellington  | Cauliflower Sprouts Roasted Baby Potatoes  | Local Ice Cream Tubs or fresh fruit | Baked PotatoesGrated CheeseBaked BeansSalad Bar & Proteins |
| Friday  | Granola Natural Yoghurt CerealsToastSmoothie  | Battered Cod & ChipsLemon & Tartare | Spinach, Mushroom & Onion Frittata  | ChipsPeasBeans  | Fruit Jelly& Ice Cream or Fresh Fruit | Beef Chilli Con Carne Steamed Basmati Rice Tortillas/TacosGuacamole/SalsaSour Cream Salad Bar & Proteins |
| Saturday  | SausagesBeans Shreddies Sourdough ToastFresh Milk | Salmon Fillet Sweet Chilli Sauce Noodles |  | French Beans Sugar Snaps  | Rice Pudding Preserves or fresh fruit | Chicken Kiev Peas, Buttered Baby Potato Salad Bar & Proteins |

**Week 2:**

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| Day | Breakfast | Lunch | Tea |
| **Main** | **Vegetarian** | **Vegetables** | **Pudding** |
| Sunday | CroissantsFrosties (Treat)Smoothies Petit PainCooked Breakfast  | Roast LambMint SauceGravy | Roasted Vegetable& Cranberry TartTopped with Toasted Brie  | Dauphinois PotatoesRoasted Carrots Red Cabbage Roasted Parsnips  | Banoffee Pie Fresh Cream or Fresh Fruit  | Sausages Mashed Potatoes Beans Salad Bar & Proteins |
| Monday  | Fried EggsPotato Waffle Rice Krispies ToastCranberry Juice  | Chicken, Gammon& Leek Pie | Vegetable Pie  | Baby Potatoes Broccoli,Savoy Cabbage  | Fruits of the Forest Eton Mess Fresh Cream or Fresh Fruit  | Margarita Pizza Various Toppings Salad Bar  |
| Tuesday  | Boiled EggsMultigrain HoopsMelon & Orange Salad Sourdough ToastPorridge Available | Spaghetti & MeatballsTomato & Herb SauceGrated Parmin  | Vegetarian Meatballs  | Salad Bowl Award WinningSourdough  | Natural YogurtFruit CompoteVarious Toppings or Fresh Fruit | Cod Goujons Skinny FriesPeasSalad Bar & Proteins |
| Wednesday  | ToastBacon Tomato Cornflakes Apple Juice  | Roast Pork Loin Herb StuffingApple Sauce  | Roasted Root Vegetables Herb Stuffing  | Roast PotatoesBroccoliCarrots Peas  | Manderine Cheesecakeor Fresh Fruit | Katsu Chicken NoodlesRoasted Vegetables Salad Bar & Proteins |
| Thursday  | Porridge AvailableMixed Toppings Fruit WheatsToastPain Au Chocolate  | Chinese Chicken Prawn CrackersSpring Rolls  | Stirfry Vegetables VegetablesSpring Rolls | Rice CauliflowerFrench Beans  | Ice Cream Tubs or Fresh Fruit  | Home Cooked Gammon Ham With Saute Potatoes & Baked BeansSalad Bar & Proteins |
| Friday  | Granola Natural Yoghurt CerealsToastSmoothie  | Battered Fish & ChipsLemon & Tartare | vegetarian dishof the day | chipspeas | Steamed Chocolate Pudding& Chocolate Custard or Fresh Fruit | Pasta with Bacon & Cheese Steamed BroccoliSalad Bar & Proteins |
| Saturday  | SausagesBeans Shreddies Sourdough ToastFresh Milk | Beef Curry Naan BreadCucumber Riata Mango Chutney | Vegetable Curry Naan Bread | Fragrant Rice Spiced Cauliflower | Chocolate Brownie Ice Creamor Fresh Fruit | Garlic Chicken Thighs Roasted Baby PotatoesPeas & Carrots Salad Bar & Protein |

**Week 3:**

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| Day   | Breakfast | Lunch | Tea |
| **Main** | **Vegetarian** | **Vegetables** | **Pudding** |
| Sunday  | CroissantsFrosties (Treat)Smoothies Petit PainCooked Breakfast  | Honey Roast GammonHerb StuffingGravy | Cheese & Onion Quiche  | Roast PotatoesCreamed Leeks Carrots & Swede Puree Roasted Honey Parsnips  | Fruit Jelly& Ice Cream or Fresh Fruit | Home Made Soup Cheese Baguette Salad Bar & Proteins |
| Monday | Fried EggsPotato Waffle Rice Krispies ToastCranberry Juice  | Cottage Pie | Vegetarian Quorn Cottage Pie  | Peas & SweetcornBroccoli   | Raspberry Meringue Rouladeor Fresh Fruit  | Tomato & Basil Pasta Garlic BreadRoasted Vegetables Salad Bar & Proteins |
| Tuesday | Boiled EggsMultigrain HoopsMelon & Orange Salad Sourdough ToastPorridge Available | Pork Strogganoff  | Mushroom StroganoffWith Steamed Rice  | Carrots Cabbage Baby Steamed Potatoes  | ProfiterolesCaramel Sauceor Fresh Fruit | Chicken A’La King Steamed Rice Salad Bar & Proteins |
| Wednesday | ToastBacon Tomato Cornflakes Apple Juice  | Chicken Rissoto  | Vegetable Risotto  | SourdoughPeas Sugar Snaps | Strawberry Gateaux & Cream or Fresh Fruit  | Ham And Cheese Panier Baby Steamed Potatoes Peas & Spinach Salad Bar & Proteins |
| Thursday | Porridge AvailableMixed Toppings Fruit WheatsToastPain Au Chocolate  | Chicken Tikka Massala Basmati Rice Riata Chutney Naan Braed | Vegetable Tikka Massala  | Cauliflower Whole Beans  | Ice Creams Tubs or Fresh Fruit | Cheese Burger & Onions Sauté Potatoes Baked Beans Salad Bar & Proteins |
| Friday  | Granola Natural Yoghurt CerealsToastSmoothie  | Battered Fish & ChipsLemon & Tartare | Vegetable Cutlet Cheese Sauce  | ChipsPeas | Treacle Sponge& Custard or Fresh Fruit | Pesto Linguine Roasted VegetablesSour Dough Bread Salad Bar & Proteins |
| Saturday  | SausagesBeans Shreddies Sourdough ToastFresh Milk | Honey & Mustard Roasted Gammon | Breaded Vegetable Cutlet  | Roasted Baby Potatoes Cabbage Broccoli  | Chocolate TartDouble Cream or Fresh Fruit | Crispy Chilli Beef NoodlesStir Fried Vegetables Salad Bar & Proteins |