**Week 1:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Day | Breakfast | Lunch | | | | Tea |
| **Main** | **Vegetarian** | **Vegetables** | **Pudding** |
| Sunday | Croissants  Frosties (Treat)  Smoothies  Petit Pain  Cooked Breakfast | Roast Beef  Yorkshire Pudding  Gravy  Horseradish Sauce | Cauliflower &  Broccoli Cheese  Filled Yorkshire  Pudding | Roast Potatoes  Roast Parsnips  Red Cabbage  Broccoli | Lemon Meringue Pie  Fresh Double Cream  or fresh fruit | Cheddar Cheese Paninis  Tomato Soup  Salad Bar & Proteins |
| Monday | Fried Eggs  Potato Waffle  Rice Krispies  Toast  Cranberry Juice | Beef & Vegetable Pie | Country Vegetable  Pie | Carrots  Cabbage  Boiled Potatoes | Belgian Waffles  Vanilla Ice Cream  Caramel Sauce  or Fresh Fruit | Pizza Assortment  Peas & Corn  Salad Bar & Proteins |
| Tuesday | Boiled Eggs  Multigrain Hoops  Fresh Fruit Chunks  Sourdough Toast  Porridge Available | Spaghetti Bolognese  Grated Parmesan | Vegetarian Bolognese | Garlic Bread  Fresh Salad | Natural Greek Yogurt  Forest Fruit Compote  Pumpkin & Sunflower  Seeds  or Fresh Fruit | BBQ Pulled Pork  Sourdough Roll  Apple Sauce  Crudities & Salad Bar |
| Wednesday  03.09.25 | Crumpets  Bacon  Tomato  Cornflakes  Apple Juice | Sausages, Mash & Beans | Mixed Bean  Casserole | Creamed Potatoes  Baked Beans | Apple & Sultana  Crumble With Cinnamon  And Custard  or Fresh Fruit | Chicken & Chorizo  Pasta tomato sauce  Garlic Bread  Salad Bar & Proteins |
| Thursday | Porridge Available  Mixed Toppings  Fruit Wheats  Toast  Pain Au Chocolate | Roast Chicken  Herb Stuffing  Chicken Gravy | Roasted  Root Vegetable  Wellington | Cauliflower  Sprouts  Roasted Baby Potatoes | Local Ice Cream  Tubs or fresh fruit | Baked Potatoes  Grated Cheese  Baked Beans  Salad Bar & Proteins |
| Friday | Granola  Natural Yoghurt  Cereals  Toast  Smoothie | Battered Cod & Chips  Lemon & Tartare | Spinach, Mushroom  & Onion Frittata | Chips  Peas  Beans | Fruit Jelly  & Ice Cream  or Fresh Fruit | Beef Chilli Con Carne  Steamed Basmati Rice  Tortillas/Tacos  Guacamole/Salsa  Sour Cream  Salad Bar & Proteins |
| Saturday | Sausages  Beans  Shreddies  Sourdough Toast  Fresh Milk | Salmon Fillet  Sweet Chilli Sauce  Noodles |  | French Beans  Sugar Snaps | Rice Pudding  Preserves  or fresh fruit | Chicken Kiev  Peas, Buttered  Baby Potato  Salad Bar & Proteins |

**Week 2:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Day | Breakfast | Lunch | | | | Tea |
| **Main** | **Vegetarian** | **Vegetables** | **Pudding** |
| Sunday | Croissants  Frosties (Treat)  Smoothies  Petit Pain  Cooked Breakfast | Roast Lamb  Mint Sauce  Gravy | Roasted Vegetable  & Cranberry Tart  Topped with Toasted  Brie | Dauphinois Potatoes  Roasted Carrots  Red Cabbage  Roasted Parsnips | Banoffee Pie  Fresh Cream  or Fresh Fruit | Sausages  Mashed Potatoes  Beans  Salad Bar & Proteins |
| Monday | Fried Eggs  Potato Waffle  Rice Krispies  Toast  Cranberry Juice | Chicken, Gammon  & Leek Pie | Vegetable Pie | Baby Potatoes  Broccoli,  Savoy Cabbage | Fruits of the Forest  Eton Mess Fresh Cream  or Fresh Fruit | Margarita Pizza  Various Toppings  Salad Bar |
| Tuesday | Boiled Eggs  Multigrain Hoops  Melon & Orange Salad  Sourdough Toast  Porridge Available | Spaghetti & Meatballs  Tomato & Herb Sauce  Grated Parmin | Vegetarian  Meatballs | Salad Bowl  Award Winning  Sourdough | Natural Yogurt  Fruit Compote  Various Toppings  or Fresh Fruit | Cod Goujons  Skinny Fries  Peas  Salad Bar & Proteins |
| Wednesday | Toast  Bacon  Tomato  Cornflakes  Apple Juice | Roast Pork Loin  Herb Stuffing  Apple Sauce | Roasted Root  Vegetables  Herb Stuffing | Roast Potatoes  Broccoli  Carrots  Peas | Manderine Cheesecake  or Fresh Fruit | Katsu Chicken  Noodles  Roasted Vegetables  Salad Bar & Proteins |
| Thursday | Porridge Available  Mixed Toppings  Fruit Wheats  Toast  Pain Au Chocolate | Chinese  Chicken  Prawn Crackers  Spring Rolls | Stirfry Vegetables  Vegetables  Spring Rolls | Rice  Cauliflower  French Beans | Ice Cream Tubs  or Fresh Fruit | Home Cooked Gammon  Ham With Saute Potatoes  & Baked Beans  Salad Bar & Proteins |
| Friday | Granola  Natural Yoghurt  Cereals  Toast  Smoothie | Battered Fish & Chips  Lemon & Tartare | vegetarian dish  of the day | chips  peas | Steamed Chocolate Pudding  & Chocolate Custard  or Fresh Fruit | Pasta with Bacon & Cheese  Steamed Broccoli  Salad Bar & Proteins |
| Saturday | Sausages  Beans  Shreddies  Sourdough Toast  Fresh Milk | Beef Curry  Naan Bread  Cucumber Riata  Mango Chutney | Vegetable Curry  Naan Bread | Fragrant Rice  Spiced Cauliflower | Chocolate Brownie  Ice Cream  or Fresh Fruit | Garlic Chicken Thighs  Roasted Baby Potatoes  Peas & Carrots  Salad Bar & Protein |

**Week 3:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Day | Breakfast | Lunch | | | | Tea |
| **Main** | **Vegetarian** | **Vegetables** | **Pudding** |
| Sunday | Croissants  Frosties (Treat)  Smoothies  Petit Pain  Cooked Breakfast | Honey Roast Gammon  Herb Stuffing  Gravy | Cheese & Onion  Quiche | Roast Potatoes  Creamed Leeks  Carrots & Swede Puree  Roasted Honey Parsnips | Fruit Jelly  & Ice Cream  or Fresh Fruit | Home Made Soup  Cheese Baguette  Salad Bar & Proteins |
| Monday | Fried Eggs  Potato Waffle  Rice Krispies  Toast  Cranberry Juice | Cottage Pie | Vegetarian Quorn  Cottage Pie | Peas & Sweetcorn  Broccoli | Raspberry Meringue  Roulade  or Fresh Fruit | Tomato & Basil Pasta  Garlic Bread  Roasted Vegetables  Salad Bar & Proteins |
| Tuesday | Boiled Eggs  Multigrain Hoops  Melon & Orange Salad  Sourdough Toast  Porridge Available | Pork Strogganoff | Mushroom  Stroganoff  With Steamed Rice | Carrots  Cabbage  Baby Steamed Potatoes | Profiteroles  Caramel Sauce  or Fresh Fruit | Chicken A’La King  Steamed Rice  Salad Bar & Proteins |
| Wednesday | Toast  Bacon  Tomato  Cornflakes  Apple Juice | Chicken Rissoto | Vegetable Risotto | Sourdough  Peas  Sugar Snaps | Strawberry Gateaux  & Cream  or Fresh Fruit | Ham And Cheese Panier  Baby Steamed Potatoes  Peas & Spinach  Salad Bar & Proteins |
| Thursday | Porridge Available  Mixed Toppings  Fruit Wheats  Toast  Pain Au Chocolate | Chicken Tikka Massala  Basmati Rice  Riata  Chutney  Naan Braed | Vegetable Tikka  Massala | Cauliflower  Whole Beans | Ice Creams Tubs  or Fresh Fruit | Cheese Burger & Onions  Sauté Potatoes  Baked Beans  Salad Bar & Proteins |
| Friday | Granola  Natural Yoghurt  Cereals  Toast  Smoothie | Battered Fish & Chips  Lemon & Tartare | Vegetable Cutlet  Cheese Sauce | Chips  Peas | Treacle Sponge  & Custard  or Fresh Fruit | Pesto Linguine  Roasted Vegetables  Sour Dough Bread  Salad Bar & Proteins |
| Saturday | Sausages  Beans  Shreddies  Sourdough Toast  Fresh Milk | Honey & Mustard  Roasted Gammon | Breaded Vegetable  Cutlet | Roasted Baby Potatoes  Cabbage  Broccoli | Chocolate Tart  Double Cream  or Fresh Fruit | Crispy Chilli Beef  Noodles  Stir Fried Vegetables  Salad Bar & Proteins |