

SANDROYD SCHOOL MENU – SPRING TERM 2020

Week 1: Menu for weeks starting on 6th January, 27th January, 17th February & 9th March

	BREAKFAST	LUNCH				TEA
		MAIN	VEGETARIAN	VEGETABLES	PUDDING	
SUNDAY	PAIN AU CHOCOLATE CEREALS FRUIT JUICE YOGHURT & HONEY FRUIT BAGUETTES	ROAST BEEF YORKSHIRE PUDDING GRAVY HORSERADISH SAUCE	VEGETARIAN DISH OF THE DAY	GRATIN POTATOES SELECTION OF VEGETABLES	LEMON SURPRISE PUDDING OR FRESH FRUIT	SOUP OF THE DAY ROLLS CRISPS CHOCOLATE BISCUITS SAVOURIES SALAD BAR
MONDAY	FRIED EGG COCKTAIL SAUSAGES CEREAL TOAST FRUIT JUICE TOMATO SAUCE	CHICKEN PAPRIKA	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	YOGHURT & FRUIT OR FRESH FRUIT	PASTA DISH OF THE DAY SALAD BAR COLD MEATS GRATED CHEESE
TUESDAY	SAUCE/TOMATOES CEREAL TOAST FRUIT JUICE	CHILLI CON CARNE TORTILLA CHIPS	VEGETARIAN DISH OF THE DAY	RICE VEGETABLES	SORBETS OR FRESH FRUIT	HAM & CHIPS COLESLAW SALAD & ROLLS SALAD BAR GRATED CHEESE
WEDNESDAY	BACON/MUSHROOMS CEREALS TOAST FRUIT JUICE TOMATO SAUCE PORRIDGE	SPICED LAMB WITH CHICK PEA	VEGETARIAN DISH OF THE DAY	VEGETABLES COUSCOUS	RHUBARB CRUMBLE CUSTARD OR FRESH FRUIT	PIZZA SALAD
THURSDAY	SAUSAGE/HASH BROWNS CEREAL TOAST FRUIT JUICE TOMATO SAUCE	CHICKEN CHOW MEIN	VEGETARIAN DISH OF THE DAY	NOODLES VEGETABLES	VANILLA ICE CREAM BUTTERSCOTCH SAUCE OR FRESH FRUIT	MAPLE CHICKEN MASHED POTATOES PEAS SALAD BAR
FRIDAY	SCRAMBLED EGGS CEREALS TOAST FRUIT JUICE TOMATO SAUCE	ROAST LOIN OF PORK APPLE SAUCE STUFFING GRAVY	VEGETARIAN DISH OF THE DAY	ROAST POTATOES VEGETABLES	BLACKCURRANT CRUMBLE CUSTARD OR FRESH FRUIT	CHICKEN KIEV SWEET POTATO CHIPS PEAS SALAD BAR
SATURDAY	GREEK YOGHURT HONEY WAFFLES CEREALS TOAST	RAGOUT OF LAMB	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	CHOCOLATE BROWNIES VANILLA ICE CREAM OR FRESH FRUIT	FRESH BAKED SALMON VEGETABLES SALAD BAR CHIPS

The fruit bar is available throughout the day, healthy snacks provided at “Trolley” during morning and afternoon break.

SANDROYD SCHOOL MENU – SPRING TERM 2020

Week 2: Menu for weeks starting on 13th January, 3rd February, 24th February & 16th March

	BREAKFAST	LUNCH				TEA
		MAIN	VEGETARIAN	VEGETABLES	PUDDING	
SUNDAY	CROISSANTS BACON CEREALS FRUIT JUICE TOMATO SAUCE YOGHURTS	ROAST CHICKEN BREAD SAUCE GRAVY HOMEMADE STUFFING	VEGETARIAN DISH OF THE DAY	ROAST POTATOES VEGETABLES	APPLE & ORANGE CRUNCH VANILLA ICE CREAM OR FRESH FRUIT	HOMEMADE CURRIED SAUSAGE ROLLS CHIPS BAKED BEANS SALAD BAR/SAVOURIES CHOCOLATE BISCUITS
MONDAY	FISH FINGERS CEREALS TOAST FRUIT JUICE TOMATO SAUCE	BRAISED STEAK & ONION IN STOUT	VEGETARIAN DISH OF THE DAY	GRATIN POTATOES VEGETABLES	STEAMED PUDDING CUSTARD OR FRESH FRUIT	SOUTHERN FRIED CHICKEN MASHED POTATOES BAKED BEANS SALAD BAR
TUESDAY	BOILED EGGS CEREALS TOAST FRUIT JUICE	CHICKEN CURRY NAAN BREAD	VEGETARIAN DISH OF THE DAY	RICE SALAD	VIENNETTA ICE CREAM OR FRESH FRUIT	TOAD IN THE HOLE BAKED BEANS YORKSHIRE PUDDING
WEDNESDAY	SCRAMBLED EGGS CEREALS TOAST FRUIT JUICE TOMATO SAUCE PORRIDGE	LAMB TAGINE	VEGETARIAN DISH OF THE DAY	COUSCOUS VEGETABLES	MERINGUES FRUIT CREAM OR FRESH FRUIT	MAPLE CHICKEN THIGHS MASHED POTATOES PEAS SALAD
THURSDAY	BACON SAUTE POTATOES CEREALS FRUIT JUICE TOMATO SAUCE	SAUSAGES BRAISED IN RED WINE	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	FRESH FRUIT SALAD OR FRESH FRUIT	HOMEMADE QUICHE COLESLAW SALAD POTATO SALAD HAM
FRIDAY	SAUSAGES/TOMATOES CEREALS TOAST FRUIT JUICE TOMATO SAUCE PORRIDGE	BEEF AU DAUBE	VEGETARIAN DISH OF THE DAY	MASH POTATOES VEGETABLES YORKSHIRE PUDDING	TRIFLE OR FRESH FRUIT	COTTAGE PIE PEAS SALAD BAR
SATURDAY	FRIED EGGS BACON TOAST CEREAL FRUIT JUICE	CHICKEN WITH LEMON SAUCE	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	SURPRISE PUDDING OR FRESH FRUIT	FRESH FISH POTATOES VEGETABLES SALAD BAR

The fruit bar is available throughout the day, healthy snacks provided at “Trolley” during morning and afternoon break.

SANDROYD SCHOOL MENU – SPRING TERM 2020

Week 3: Menu for weeks starting on 20th January, 10th February, 2nd March & 23rd March

	BREAKFAST	LUNCH				TEA
		MAIN	VEGETARIAN	VEGETABLES	PUDDING	
SUNDAY	FULL ENGLISH PETIT PAIN CEREALS FRUIT JUICE YOGHURTS FRESH FRUIT	PAN FRIED PORK CHOPS GRAVY APPLE SAUCE	VEGETARIAN DISH OF THE DAY	ROAST POTATOES VEGETABLES	SQUIDGY CHOCOLATE LOG OR FRESH FRUIT	BEEF BURGERS BAPS SALAD CHEESE SLICES CHOCOLATE BISCUITS CRISPS
MONDAY	BACON/HASH BROWNS TOAST CEREALS FRUIT JUICE TOMATO SAUCE	COQ AU VIN	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	TREACLE SPONGE CUSTARD OR FRESH FRUIT	PASTA SMOKED BACON PEAS & PESTO SALAD BAR
TUESDAY	FISHCAKES CEREALS TOAST FRUIT JUICE TOMATO SAUCE	SHEPHERDS PIE	VEGETARIAN DISH OF THE DAY	MASHED POTATOES VEGETABLES	YOGHURT & FRUIT OR FRESH FRUIT	FISH FINGERS SAUTE POTATOES BAKED BEANS SALAD BAR
WEDNESDAY	BOILED EGGS TOAST FRUIT JUICE PORRIDGE CEREALS	STEAK PIE	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	BRANDY SNAP BASKET WITH ETON MESS OR FRESH FRUIT	PASTA WITH HIDDEN VEGETABLES GRATED CHEESE SALAD BAR
THURSDAY	SCRAMBLED EGGS CEREALS TOAST FRUIT JUICE	FISH & CHIPS LEMON TARTARE SAUCE	VEGETARIAN DISH OF THE DAY	CHIPS VEGETABLES	SORBETS OR FRESH FRUIT	CORNISH PASTIES MASHED POTATOES GRAVY PEAS SALAD BAR
FRIDAY	SAUSAGES HASH BROWNS CEREALS TOAST FRUIT JUICE TOMATO SAUCE	LANCASHIRE HOT POT	VEGETARIAN DISH OF THE DAY	POTATOES VEGETABLES	FRESH FRUIT SALAD OR FRESH FRUIT	CHICKEN WRAPS SALAD CHERRY TOMATOES CHEESE
SATURDAY	BACON/TOMATOES CEREALS TOAST FRUIT JUICE TOMATO SAUCE PORRIDGE	CHICKEN IN THE POT	VEGETARIAN DISH OF THE DAY	RICE VEGETABLES	RICE PUDDING WITH JAM OR FRESH FRUIT	CANNELLONI ARRABBIATA SLICED COLD MEATS CHEESE SALAD BAR

The fruit bar is available throughout the day, healthy snacks provided at “Trolley” during morning and afternoon break.